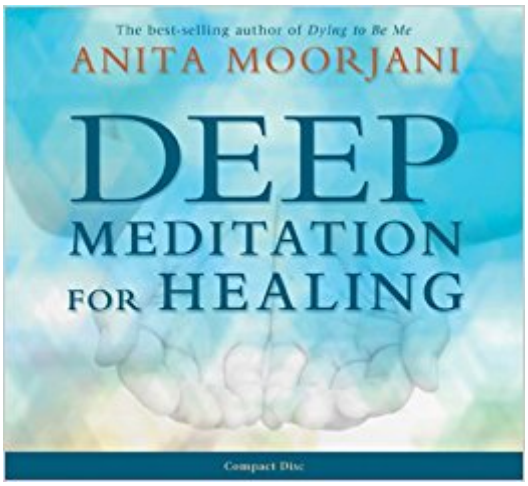
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Deep Meditation For Healing



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Synopsis

Anita Moorjani had lymphoma, which had spread throughout her body, and her organs were beginning to shut down. As she slipped into a coma, doctors were resigned to the fact that she was in her last hours of life. Yet Anita experienced what has been termed a near-death experience (NDE), and within 24 hours of coming out of the coma, she had a newfound knowing about her own life. Subsequently, her body healed very rapidly, and within weeks doctors found no traces of cancer.This CD was inspired by what Anita experienced during her own journey to healing, and was specially created to assist those who are currently going through physical challenges of their own. It contains a highly specialized program that uses sound at different frequencies to guide you to a state of very deep and meditative relaxation. The benefits
include:Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Assisting you in releasing your fears by relaxing your mindÃ Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Giving you more energy to focus toward physical healingÃ Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Ã Â Training your mind to support your body and restore wellness

Book Information

Audio CD: 1 pages

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Product Dimensions: 5.7 x 0.5 x 7.4 inches

Shipping Weight: 2.4 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars 113 customer reviews

Best Sellers Rank: #279,046 in Books (See Top 100 in Books) #69 inÃ Â Books > Books on CD > Health, Mind & Body > Relaxation & Meditation #73 inÃ Â Books > Books on CD > Health, Mind & Body > Meditation #107 inÃ Â Books > Books on CD > Health, Mind & Body > General

Customer Reviews

Anita Moorjani was born in Singapore of Indian parents, yet has lived in Hong Kong most of her life. She had been working in the corporate world for many years before being diagnosed with cancer in April 2002. Her NDE in early 2006 tremendously changed her perspective on life, and her work is now ingrained with the depths and insights she gained while in the other realm.Website: www.anitamoorjani.comÃ Â

Pleasantly surprised...I was a little bit worried when I ordered this due to the other negative reviews about the sound quality and her voice. She has a clear voice, that it at times a bit louder than the background music, but it is far from "jarring" or "offensive". If you're looking for a positive message to concentrate on while meditating, this is a great addition to any collection. I have no hesitation to recommending this CD to anyone...I only wish she had more.

I have been using this meditation CD. I had read her book & was interested in finding a meditation CD to work with. If you're willing to set aside the time, she can guide you through a pretty good meditation.The only trouble I had with it (why I didn't rate 5 stars)... I hate to say... was the pitch of her voice & some... I don't know... background noise? I really wish she had worked with a voice-coach to help her learn to "bring it down" a couple of notches. I'd have preferred that instead of using her every-day voice, she could have used a more hushed, calming "don't disturb" voice. I think that would make this almost perfect! Perhaps a remix... eliminating any background stuff. Not sure what that is all about.If she does any further meditation CDs, I hope she can do the "hushed," indoor voice. BUT... having said that... I used the slight annoyance of the higher-pitched voice as a focal point for me to let-go-of, if you will. It worked. After a few minutes, it didn't bother me so much.Otherwise, the content is good!

It is an extreme pleasure to listen to Anita's voice on Part 1 of the CD, her voice soothing, lovely and charming with her accent. During, Part 1, Anita recommends listening to Part 2 with stereo headphones, stating it was specifically designed for stereo headphones. However, my experience was: the background sound is too loud, diminishing Anita's words to "me" actually straining to hear what is being spoken. I tried ajusting my levels of input on my headphone system, which did not help, also listening using different systems: with headphones and without. It truly saddens me to feel the need to write about my experience. I look forward to Hay House QC'ing...this CD and redoing it.

Very disappointed. I couldn't listen to more than a few minutes. Poor technical production. I loved Anita's video of her NDE. Needs to be re-mastered.

This unique tape was so effective and relaxing that I went to sleep and wasn't even aware of my drifting off. I think this may have had something to do with the technique used in the sound system associated with the tape. I awakened energized and at peace. Anyone who has meditated or is into

mindfulness will especially get a lot out of this, but even so, I think anyone would benefit from the relaxation and affirmations that the tape contains. I know it reduced stress and tension both on a physical and psychological level with me.

I thought long and hard before finally ordering this CD. I had read Anita's book and was taken by her wonderful story. i was anxious to buy her meditation CD until I saw the very mixed reviews, with lots of complaints about the sound quality. I've listened to other meditation CDs that use brainwave technology and have found them difficult. I did go ahead and purchase this one and I'm very pleased with it. I understand the "bad sound quality" reviews, but I found listening to be very rewarding, easy and comforting as long as you're not trying too hard - I think that may be the point. Thanks, Anita!

A year ago I had a routine colonoscopy and they found rectal cancer. About that time Anita's book came out. I bought t, and then bought 6 copies to give to friends, and they all appreciated it. I then bought this tape, and have had wonderful healing relaxation experiences when I've played it. So I bought 5 copies and gave them away. I'm cured of the cancer, and I am much kinder to me, and others.

Hate to say this....but I too found the meditation CD to be not to my liking...I did like the background sound, but then her voice come booming forth through it, and it would jar me, almost every time I felt like I was relaxing. I'm giving it a 3 because I do think it was a good effort, but I honestly wished they would do a re-mix on it. I'm tempted to request my money back on it, and think I might follow through with it. I wish it was better, then I wouldn't have to. :(

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